



Psychoanalysis in Cleveland

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The Newsletter of the Cleveland Psychoanalytic Center

October 2008

LETTER FROM THE EDITOR

Elisabetta Superchi

One of the aims of the Newsletter is to let our readers know about the ways in which the analytic community shares its knowledge and point of view.

We have just finished a busy year and look forward to an even busier one. We have decided to dedicate this issue to a review of the many activities carried out by the analytic community during the past year and to review plans for the coming year. A few of the past events include the benefit lecture/recital of Richard Kogan, the visiting scholar meetings with Robin Andersen M.D., fund raising activities, and a variety of lectures, classes and meetings.

There are many interesting events waiting for us in this coming year: the Friday night Scientific Lectures, Wednesday mini-lectures, seminars and meetings with national and international guests, movie discussions and much else.

For more information about planned events, for schedule changes and to be put on the e-mail list for the next electronic-only Newsletter issue, you are invited to visit the Cleveland Psychoanalytic Center web site <http://www.psychoanalysis-cleveland.org/newsletter.htm>.

A STRATEGY FOR THE FUTURE

Norman A. Clemens, M.D.

Clear and attainable goals for the coming years are the focus of the Strategic Plan for the Cleveland Psychoanalytic Center that has emerged from an in-depth, two-year process. The Strategic Planning Committee, chaired by trustee Joy Willmott, presented its conclusions to the Annual Meeting of members on June 11 and to the Board of Trustees on July 16.

Four general goals are the basis of detailed, specific objectives that define strategies and benchmarks for their achievement. Over the next three years the Center aims to achieve these goals:

- The Center will coordinate growth and provide a framework for its educational programs, which include the Psychoanalyst Training Program, the Psychoanalytic Psychotherapy Program, psychiatric residency training in psychotherapy, and continuing education.
- The Center will develop relationships with the larger community, particularly in the academic and health fields.
- The Center will enhance and cultivate internal communication and coordination.

The first two goals highlight the Center's unique and vital contribution to the Northeast Ohio community in the field of the psychoanalytic therapies, as well as its broader influence in understanding the human mind and attending to the needs of each person as an individual. Throughout, the plan emphasizes engagement and part-

nership with other groups with parallel interests in this community. The remaining two goals envision paths to a robust, effective Center that will be a valued part of the Northeast Ohio community for many decades to come.

The Strategic Planning process began in 2006, as the Center was completing its fourth year after being formed from the merger of the Cleveland Psychoanalytic Institute and the Cleveland Psychoanalytic Society. It remains both an Affiliate Society and an Approved Institute of the American Psychoanalytic Association, with histories spanning a half century. The goals of the previous strategic plan, formulated in 2001, had been achieved – notably forging the merger, establishing a Board of equal numbers of analyst members and non-analyst community leaders, hiring an Executive Director, moving to flexible and attractive new quarters, and upgrading the library to one of the top seven psychoanalytic libraries in the U.S., served by a professional librarian. With this greatly enhanced infrastructure, the Center was ready to focus more intensively on its primary mission, as stated in the Bylaws:

“The mission of the Cleveland Psychoanalytic Center is to promote the development and use of psychoanalysis for the benefit of the community.”

A Strategic Planning Committee, chaired by trustee Catherine Feldman, set out to devise a ten-year plan, dubbed Psy-

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NEW TRUSTEES ON BOARD

A warm welcome to our new Center Trustees, who bring a variety of backgrounds and skills to the Center's board:



Judge Burt W. Griffin

Judge Griffin has been active as an attorney for almost 50 years, as a Common Pleas judge for 30 years, a Cleveland Marshall College of Law professor and Case Western Reserve University (CWRU) School of Law lecturer in public interest law, in private practice, and as an assistant U.S. attorney, and U.S. Court of Appeals post-

graduate law clerk. He also served as assistant counsel to a Presidential commission on the assassination of President Kennedy. He has authored or co-authored several professional texts. Judge Griffin is the recipient of awards from the Cleveland Bar Association, City of Cleveland and Thurgood Marshall Scholarship Fund.



Patricia Martin, M.D.

Dr. Martin is an analyst and Center member who joins the Board as an ex-officio member. She is a psychoanalyst and psychiatrist in private practice. She is the newly elected Chair of the Education Committee of the Cleveland Psychoanalytic Center, where she also serves as a Training and Supervising Analyst. She is the immediate past Chair

of the Ethics Committee and of the Admissions Subcommittee. She stepped down from each of these positions to dedicate her time to

the education of candidates in the Psychoanalyst Training Program. Dr. Martin is a Clinical Associate Professor in the Department of Psychiatry, CWRU School of Medicine, a position she enjoys as it permits her to supervise residents in Psychiatry in psychodynamic psychotherapy and to partake in the education of young psychiatrists.



Robert J. Ronis, M.D., M.P.H.

Dr. Ronis is professor and chair of the Department of Psychiatry, University Hospitals Case Medical Center and CWRU School of Medicine and co-director, and one of the founders, of the Ohio Substance Abuse/Mental Illness &

Supported Employment Coordinating Centers of Excellence at CWRU, one of the founding centers developed by the Ohio Department of Mental Health to promote and disseminate specific evidence-based practices in community health services. He is a leader in numerous professional organizations, has received many awards and commendations, and has authored or co-authored publications and delivered presentations in a wide range of mental health-related areas. His areas of specialization include addiction, administrative and community psychiatry; community mental health, dual diagnosis (mental illness/substance abuse); and psychiatry education.

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A STRATEGY FOR THE FUTURE

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choanalysis 2016. The first phase employed the method of Appreciative Inquiry, developed by David L. Cooperrider at CWRU, to stimulate the creative thinking of members, friends, and interested parties in the community. A series of "parties" in which participants interviewed each other, using a semi-structured interview, resulted in a plethora of ideas and observations about the Center. The process culminated in a "Summit" retreat in March, 2007, which generated a number of "provocative propositions" about the future of the Center. The most ambitious of these include a university-affiliated, degree-granting doctoral program in psychoanalysis, and a State of Ohio designation as a Center for Clinical Excellence.

But first the Center had to address the initial steps towards steering the Center to-

wards such lofty goals. The committee, now chaired by trustee Joy Willmott, started by conducting an environmental scan, reviewing our history and assessing the current health care environment and its effects on psychoanalysis. Committee members interviewed leaders from other organizations engaged in various other approaches to psychotherapy; many expressed an interest in closer relations with the Center. It was very instructive to "see ourselves as others see us."

The committee then got down to the specifics of the plan, aiming to identify what was realistic to accomplish during the next three years. Proposed initiatives in the realm of education include broadening involvement in residency training in psychotherapy to reach all four psychiatric training programs in the Cleveland-Akron region. There will be a scholarly writing competition for works that advance the field of psychoanalysis. The Center will

offer an interdisciplinary, self-supporting colloquium in psychoanalytic theory and applied psychoanalysis at a Northeast Ohio college or university, and will market the Center's educational programs in academic institutions and the community at large. Credit-bearing continuing education opportunities will be expanded. A community partnership coordinator will be appointed and a public relations plan will be developed. A variety of other strategies will reinforce internal communications and financial stability.

The Strategic Planning Committee at the final stage consisted of Joy Willmott, Janet Sharp, Drew Clemens, and Executive Director Debra Fink. However, the Center is indebted to the many people, both members and numerous others whose opinions were sought, who contributed to this blueprint for the future.

NEW TRUSTEES ON BOARD

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Astri Seidenfeld

Mrs. Seidenfeld is president of the Penn Petroleum Company, formerly her husband's business. She has served there as vice president and office manager for 35 years. Previously, she was a children's librarian. Ms. Seidenfeld is affiliated with the Friends of the Cleveland Psychoanalytic Center. She is a member of many other local nonprofit organizations involved in advocacy, the arts, and civic and political issues.

David Falk, Ph.D., was re-elected to the Board for a second three-year term. Rotating off the Board after completing their terms are Norman A. Clemens, M.D., William Denihan, A. Scott Dowling, M.D., and Catherine Feldman, M.S.W., M.S.O.D.A. We are grateful for their service over the years.

FROM THE CHAIR OF THE EDUCATION COMMITTEE

Patricia Martin, M.D.

The mission of the Education Committee is to ensure excellence in the education we provide candidates in our Psychoanalyst Training Program. This has forced me to focus on the purpose of psychoanalytic training and how are we doing that in Cleveland in the twenty-first century.

I believe psychoanalytic training is the most thorough education a mental health professional can experience. It is characterized by a unique depth and thoroughness. Not only does it allow the practitioner the ability to explore the limitless dimensions of the human psyche, but it also teaches how to sustain an analysis through the often long and arduous task of journeying through his/her unconscious mind. We thereby address early developmental arrests, conflicts, traumas and difficulties in interpersonal relationships. Psychoanalysis enables the analyst to handle transient regressions in the analysis. These regressions are often necessary for the analysis to experience and in so doing master early, unresolved issues that are interfering with current functioning.

Psychoanalysis has developed exponentially since introduced by Sigmund Freud in the late nineteenth century. Multiple schools of thought compete on an international stage for acceptance of their theories. As a contemporary institute, we must maintain the bedrock of traditional psychoanalysis and not be engulfed by every new theoretical paradigm. Nonetheless, we need to respectfully appreciate and consider new ideas, critique them and integrate their best features into our working style in order to broaden our perspective.

With this in mind, the Curriculum Subcommittee, under the guidance of Dr. Kay McKenzie is restructuring our current curriculum from its foundation, and rebuilding it along new and creative paths. There will be a greater focus on the integration of child and adult psychoanalysis, perhaps having parallel courses from the beginning of training. We will integrate courses on development, technique and theory that have traditionally been isolated. Candidates will study the development of alternate schools of thought including self-psychology, object relations, relational and other theories that address more primitive mental states. This will allow them to appreciate the diversity of psychopathologies that contemporary analysts confront. Modern neuroscience, including the interface of psychoanalysis and the brain, the biological basis of transference, the influence of the mind on the body and contemporary ideas regarding the use of psychotropic medication in psychoanalysis will be interspersed with the theory of psychoanalysis.

Courses on effective psychoanalytic case writing, introduced by Dr. Arthur Rosenbaum, addressing psychoanalytic thinking and formulation, conveying the analytic process to the reader, and describing the transference and countertransference will continue. In candidate writing, Cleveland is already establishing itself as a national leader. The importance of ethics in psychoanalysis will remain an integral part of the new curriculum. A new format to the continuous case conference will tap into the

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GLAD YOU ASKED

Joanne Naegele, M.A.

Q: My oldest daughter has just gone off to college. She is thrilled and I am feeling as if my life is over. What am I to do?

A: Separation feelings can hit parents like a ton of bricks. If the feeling is getting in your way, why not talk it over with an analyst recommended by the Katan Consultation and Referral Service? A child leaving for college stirs up anxieties in "the parent left behind." These concerns can touch on much earlier anxieties regarding loss, bereavement or abandonment. It can stir up envy—your child is starting life as an adult while you are left behind in the same old routines.

We are used to separation anxieties becoming manifest in children as phobias when children make the transition from kindergarten to 1st grade, or on going off to camp for the first time. Adults also react to change. Whenever there is a "leaver" there is someone "being left."

If you experience such feelings and they are interfering with your life, it can be helpful to sort out where they are coming from and why they are there rather than trying to "tough it out." A psychoanalyst is available to help at the Katan Consultation and Referral Service of the Cleveland Psychoanalytic Center, tel: 216-721-2777, 7 days a week. We are also on the web @ www.pschoanalysiscleveland.org. If emotional problems are addressed when first noticed, there is a better chance to emerge from the experience with a sense of understanding and mastery.

THIRD ANNUAL CAMPAIGN BEGINS

Richard Lightbody, M.D.

The Board of Trustees and the Development Committee ask for your financial support as we continue to grow and evolve in the execution of our mission: to promote the development and use of psychoanalysis for the benefit of the community.

You will have read of the Center's newly completed Strategic Plan, and its embrace of expanded educational collaborations. The Education Committee has set a target date of September, 2009, to begin its next class of candidates. The Psychoanalytic Psychotherapy Program (PPP) thrives, and will have overlapping classes this fall for the first time ever; a class starting every year is being considered. The Program Committee is developing mini-lectures and special programs to supplement its series of Scientific Meetings, all of which are open to the public. With the chairs of three local Departments of Psychiatry (Cleveland Clinic Foundation, NEOUCOM, and University Hospitals Case Medical Center) on our Board of Trustees, we are hoping to find a way to increase collaborative teaching and clinical supervision with psychiatric resident physicians. At the same time, we

are expanding our contact with local graduate schools of social work and counseling. Our best outreach efforts are being subsumed into an integrated continuing education presence.

The Center's programs are sustained by two full time staff and a small group of part-time helpers in roles of librarian, accountant, and education coordinator for the PPP. The facilities in the Heights Medical Arts Building continue to please us; the moveable central wall allows great flexibility in use of the Library for meetings of all sorts, educational, organizational, and celebratory.

The Center is working hard to budget funds for these and other services. Members' Annual Dues have not increased since 2005. We have consulted in person and in conference call with Dean Stein, Executive Director of the American Psychoanalytic Association, about developing relationships with individuals who might, over time, be able to help with our funding needs. Richard Kogan, M.D., has agreed to return to Cleveland for a benefit lecture/recital on June 6, 2009. Executive Director Debra

Fink is developing an approach to local philanthropies to apply for grants to fund at least some of our activities. The Legacy Society is in place to allow for planned giving and bequests.

This array of fundraising methods needs to be supplemented by the generosity of our members and friends. We will be sending you a solicitation letter this fall, hoping that you will think kindly of the Center with your year-end gift in support of psychoanalysis in Cleveland.

Comments, suggestions, and questions, are always welcome. Please call the Center at 216-229-5959 or chair of Development, Dr. Richard Lightbody, 216-371-1268 or lbody@roadrunner.com.

The Katan Consultation and Referral Service – A Description

David Falk, Ph.D.

The Katan Consultation and Referral Service is a service of the Cleveland Psychoanalytic Center. This service is available to anyone in the Cleveland metropolitan area by calling 216-721-2777. The caller simply leaves a phone number and message for the Psychoanalyst on call and a member of Katan will call back, usually on the same day. Katan provides a caller with the opportunity to speak with a psychoanalyst about any concerns they may have. Often the psychoanalyst on call will offer a face-to-face meeting with the caller to better evaluate the caller's situation. After this evaluation, a treatment may be offered to the caller or, if necessary, an alternative referral source will be identified to better as-

sist the caller in resolving their concerns. We offer services to adults, children, couples, and families.

The calls to the Katan Phone Line are free to the caller and are confidential. The cost of the subsequent treatment by a member of the Katan Service will be determined through discussion between the caller and the analyst on call. Every call is answered by an experienced psychoanalyst and this makes our service a unique one in the Cleveland area. We have psychoanalysts throughout the Cleveland area; our service will attempt to find someone appropriate to address your needs. Call us for a confidential referral or consultation.

Library News: BOOK SALE

October 20 - 24, 2008

Be sure to visit the Library the week of October 20-24th to see if there are titles that would fill a gap in your home collection.

What: Deaccessioned books and journals from the Center's collection, and gift books that have been donated for the sale.

Where: The CPC Library

How does it work?

All book sale items will be available for browsing on the window sill shelves in the library. Prices range from \$2.00 to \$10.00 and payment (cash or check) may be paid to Debbie Morse, Mary Ellen Kollar, or placed in the box provided.

Questions?

Please contact Mary Ellen Kollar, mekollarpc@sbcglobal.net, or 216-229-5959, ext 102.

CLEVELAND ANALYSTS LAUNCH TRAINING IN SEOUL

Richard Lightbody, M.D.

Jaekhak Yu, M.D., graduate of the Cleveland Psychoanalytic Center in December, 2006, is a major figure in the new Korean Study Group (KSG) sponsored by the International Psychoanalytic Association. Dr. Yu is one of only five IPA analysts in Korea, with a busy clinical practice and teaching position in Seoul, Republic of Korea. The KSG represents the first organizational step towards availability of full psychoanalytic training in Korea.

Richard Lightbody, M.D., secretary of the CPC and a Training and Supervising Analyst, was appointed in February, 2008, as Chair of the IPA's Sponsoring Committee for the KSG. Other IPA analysts are from New York (Dr. Barbara Stimmel) and Tel Aviv (Dr. Abigail Golomb – who, by chance, grew up off Taylor Road before emigrating to Israel as a school girl). The trio will visit Seoul twice a year for however many years it takes to develop a psychoanalytic training program and become a Provisional Society of IPA.

Korean professionals – all psychiatrists thus far – have turned to North America for help in getting started with psychoanalysis. Almost 30 years ago, the first psychoana-

lytic pioneer came to New York to get a taste of personal analysis, supervision, and tutorials. For our Dr. Jaekhak Yu, it meant emigrating with his young family for fully six years to effect virtually complete psychoanalytic training. For others, it meant one or two years, usually in San Diego, with brief personal analysis, a few seminars, but generally no supervised analytic work. This last has been pieced together with phone supervision and occasional solo or group visits to the United States. Dr. Robert Tyson, formerly of Cleveland and San Diego, and now in Seattle, has been instrumental in this project.

Five analysts having been recognized by IPA, the task is to get training started in Seoul itself – from the ground up. Unlike Cleveland's experience 50 years ago, when there were sponsoring institutes and analysts relatively close at hand in Detroit and Philadelphia, Korean analysts have only the IPA Sponsoring Committee to help them. Their experience in teaching any form of psychodynamics is modest: the KSG has offered a two-year psychotherapy course only since 2001. Though enthusiastically attended by classes of 10 or 12, this pro-

gram barely begins to encounter the organizational and personnel problems ahead.

It will be easy enough for the Sponsoring Committee to designate some the five IPA Direct Members to analyze new candidates. It will be more challenging to select the candidates. This will entail developing standards, procedures, and the paper trail necessary to document it all. It will be even more challenging to develop an Education Committee, and a curriculum – and then to find suitable faculty who are not themselves analyzing candidates. The whole matter of supervision, progression, and graduation of a first candidate, remains a goal. The snowball has just begun to roll.

There is every reason to expect this group to succeed. Enthusiasm for psychoanalysis is high in Seoul. The KSG has its own Korean language psychoanalytic journal, a supporting interest group (known to the IPA as an "Allied Centre"), a considerable bank account, a history of attracting world-class visiting faculty, and a social demeanor that is inviting and generous. Our Dr. Yu has emerged as a principle leader in the Korean Study Group's psychoanalytic training program.

NEWSLETTER ON WEB—NEED E-MAIL NOTICE?

The last two issues of *Psychoanalysis in Cleveland* were published only on our web site and we notified readers exclusively by e-mail. We are doing this to keep costs down without sacrificing content or frequency. Many past issues are available for viewing at <http://www.pschoanalysis-cleveland.org/newsletter.htm>.

If you want to be notified of the posting of web-only issues, please take a few

moments to complete this form or create an e-mail, and send it to us, as we will continue to produce at least two of our quarterly newsletters only on our web site. We do not share contact information.

If you are not currently receiving this newsletter and wish to do so, please use this form. **Please e-mail your information or send this cut-out to:**

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Street _____

City, State, Zip Code _____

Telephone numbers (Home) _____ (Work) _____

E-mail Address _____

PSYCHOANALYSTS TRAIN AKRON PSYCHIATRIC RESIDENTS

Joseph D. Varley, M.D.

In reviewing the goals and objectives of the Strategic Plan for the Psychoanalytic Center (CPC,) an important focus is the work of the Residency Liaison Committee. This committee is charged with developing a coherent strategy to optimize psychoanalytic presence in residency programs regionally.

The purpose of this article is to overview the successful relationship that the Residency Liaison Committee has already established with the Northeast Ohio Universities College of Medicine (NEOUCOM) Psychiatry Residency Program based in Akron. It seems timely to review the history and development of this important relationship as the Center seeks to establish more effective liaisons with other residency programs.

The seeds of this relationship actually were sown in 1991 when I was completing my training at the Cleveland Clinic Foundation (CCF.) At that time Jeffrey Hutzler, M.D., and I met with Patrick Enders, M.D., and others from the Psychoanalytic Center to talk about potential interfaces with the CCF residency. I lost contact with the process when I relocated to Akron.

After becoming Program Director of the NEOUCOM Psychiatry Residency, I was eager to establish a training/teaching relationship with the CPC. The existence of the Liaison Committee and the prior contact with Dr. Enders accelerated the process of creating a formal affiliation. For clarity – the NEOUCOM Psychiatry Residency Program is sponsored by the medical school but is clinically and financially supported by Akron General Medical Center and Summa Health System in a 50/50 sharing. Residents also have clinical experiences in community psychiatry with contract agencies of the Summit

County Alcohol, Drug, and Mental Illness Board and also have rotations at Children's Hospital of Akron.

The NEOUCOM Psychiatry Residency encourages a truly biopsychosocial model with emphasis on psychotherapy training for psychiatrists. The sturdiest foundation for understanding all psychotherapy is appreciation of the depth of the mind. The CPC graciously responded to the invitation to provide psychoanalytically oriented theory in didactic form as well as clinical supervision. Over the last ten years, this relationship has evolved to become a key component of our psychotherapy training and has also helped externally to define our program as one that respects and values psychoanalytic concepts and perspectives.

Both Dr. Enders and Judith Pitlick, L.P.C.C., venture to Akron and provide didactic instruction in a two-tiered format. Ten hours of instruction are provided for the combined Post-graduate Year I (PGY-I) and PGY-II years which covers basic introductory concepts of analytic theory. An additional ten hours of didactic time is provided for the PGY-III and PGY-IV residents with focus on more sophisticated concepts. Both classes are very well received and offer a skillful blend of theory and phase-appropriate clinical material.

Additionally, Judy and Patrick were placed on a list of available longitudinal supervisors for PGY-III and PGY-IV residents. Over the years they have been some of the most valued supervisors by our residents and have been selected each year for the last six years to provide year-long weekly psychotherapy supervision. The feedback from the residents at all levels has been extremely positive. They find both the didactic instruc-

tion and the supervision enriching and important aspects of their identity development as psychiatrists.

There have been several residents over the years who have considered formal analytic training because of the importance of these experiences. Although no one has enrolled in analytic training as a result of this liaison, clearly this training relationship has informed and enriched the understanding of at least 40-50 psychiatrists who have come through the training program during the last ten years.

Further objective evidence of the success of this affiliation is our residents' performance on the Columbia Psychodynamic Psychotherapy Skills test. This rather challenging paper and pencil test is given annually to residency program much like the PRITE exam. Our program has done well over the years compared to programs across the country. This year we were pleased to have ranked 13th out of 72 programs nationally that participated in the exam. Much of this competence is due to the outstanding instruction and supervision provided by Dr. Enders and Ms. Pitlick on behalf of the CPC.

In closing it seems the residency liaison committee has already demonstrated that it can achieve the goals set forward in the strategic plan. Hopefully the future will bring even more connection to Akron and importantly to the major training sites in Cleveland. The NEOUCOM residency looks forward to continued mutually beneficial collaboration with the Cleveland Psychoanalytic Center.

Dr. Varley is Chair of the Department of Psychiatry of Summa Health Systems in Akron and recently became a Trustee of the Cleveland Psychoanalytic Center.

NEWS FROM THE PROGRAM COMMITTEE

Joanne Naegele, M.A., Chair

Scientific meetings are the heart of a community's engagement with psychoanalysis. They are links to the national psychoanalytic scene. They are our candidates' connection to a broader perspective. They provide child and adult psychoanalytic candidates at CPC as well as Hanna Perkins, with opportunities for individual discussions, to present a case, or to discuss a topic of interest about whatever they wish.

Last year Steve Ablon, M.D., of Boston presented a paper entitled "Profound Silence in an Analysis." Judy Yanof, M.D., of Boston gave her paper, "The Shifting Sands of Gender," as well as presenting a workshop, "Infertility and Alternative Ways of Parenting: Struggles & Delights." Ilga Svechs, Ph.D., and Jerry Floersch, Ph.D., presented a Wednesday evening workshop on "Dialogue About Building Psychoanalytic Ideas and Concepts into Social Work Curriculum."

Building on the success and interest in this first "mini program committee panel," we are reserving the first Wednesday evenings of the month for programs featuring local participants. These meetings will in-

clude member presentations of a paper they have written or an idea they wish to explore.

AHEAD

On Friday evening, December 5, 2008 at 8:15PM in Rainbow Babies & Children's Hospital, Dianne Braden, a Jungian analyst in Beachwood, will present a paper entitled "Pathways into the Irresistible: Thoughts on Compulsion." There will be a formal discussant of this paper. This topic will help us look at what the author calls, "...the impulse to act beyond rational motivation... This dictionary definition describes an experience that rises out of the unconscious and seems to take us hostage. Offering no reward or rationale at the onset such events can be frightening, painful and often only in hindsight, enlightening. Compulsion's universality suggests that there is something deeply human in this mysterious defiance of reason, placing it as much in the primal material of the analytic process as fascination, obsession, complex and call. For like other experiences of its kind, compulsions seem to bridge inner and outer landscapes simultaneously, demanding

self-reflection in their seemingly relentless intensity. Drawing from psychological, archetypal, and popular sources, such as dream material, *The Odyssey of Homer*, and lives of saints and famous entertainers, the lecture will explore the underbelly of compulsion and its potential meaning as curse, call or catalyst in the process of individuation."

As a forerunner to this paper, on Wednesday, November 5, 2008, 7:30PM-9:00PM, there will be a discussion at the CPC entitled, "Roundtable Discussion with Dianne Braden on Jungian Concepts." This will be a mini program committee meeting where colleagues can dialogue with the presenter informally as she presents Jungian concepts. The objectives will be 1) To become familiar with Jungian concepts. 2) To have a dialogue about Jungian concepts and identify continuities and bridges between Jung and Freud. Recommended readings include *A Most Dangerous Method* by John Kerr. This is a book which describes the evolution of Freud and Jung's relationship. A second helpful reference is C. G. Jung's

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MONTHLY CONSULTATION GROUPS

All meetings will be held at the Center.
To register and pay for any course, please contact
Debbie Morse at (216) 229-5959; morsecp@sbcglobal.net

Psychology, Religion & Spirituality

October 2008-March 2009

Six meetings, at a time to be determined

The viewpoint of this course is that spirituality is universal for humans, a very different thing than religion. We will look at religion in a general way and address topics that have become important in recent times. Chapters from *Spirit, Mind and Brain: A Psychoanalytic Examination of Spirituality and Religion*, a new book by Mortimer Ostow, will be discussed, and we will explore issues relevant to participants. Nine CEU/CME hours for all six sessions. Pre-registration is required. The course will be held only if there is sufficient enrollment to ensure good discussion. Fee: \$200 for all six sessions, *due prior to the start of the course.*

Please contact David Falk, Ph.D., 216-831-1014, to discuss your interest

Continuing Case Conference for Difficult Cases

Every 2nd Monday of month, 7:00-9:00 PM

This ongoing consultation group is open to graduates of the Psychoanalytic Psychotherapy Program and experienced clinicians from the community. Its purpose is to use clinical material to explore the usefulness of psychoanalytic understanding in ongoing work with cases that are presenting problems for the therapists. The seminar meets monthly to allow the participants to bring their cases for presentation to the group of 5-6 clinicians and two experienced psychoanalysts. Members are encouraged to participate actively in the discussions and suggest topics for additional reading. Regular attendance is expected in order to facilitate continuity of the group discussion. Two CEU/CME hours per session. Fee: \$50 per session, 10% member discount. **Pre-registration required. Faculty: James Doull, M.D. and Janet Sharp, M.A. Please contact Ms. Sharp (216) 321-5920, to discuss your interest.**

Working with Children in Therapy

Every 2nd Monday of month, 11:15 AM - 12:45 PM

This consultation group is for child therapists who would like to learn a psychodynamic approach to working with children. Participants will present case material for discussion in a confidential situation. Focus will be on the understanding and application of theory to practice. Participants at all levels of clinical experience are welcome. 1.5 CEU hours per session. Fee: \$45 per session, *payable in advance.*

Please contact Judith Pitlick, M.A., LPCC, (216) 932-2422, to discuss your interest.

WELCOME TO NEW LIBRARIAN



Mary Ellen Kollar

Mary Ellen Kollar is the Cleveland Psychoanalytic Center's new librarian. Her background includes a wealth of library experience. She recently retired from the Cleveland Public Library's downtown branch where she held several responsible positions including as Manager of the Social Sciences Department, and assisting with research involving various databases, including PsycInfo. She also supervised the creation of web sites for seniors and Spanish speakers. She is experienced in distance learning, both through her job and because of personal interest which led her to pursue online university-level coursework.

You may reach Mary Ellen at **(216) 229-5959, extension 102**, or at **mekollarpc@sbcglobal.net**. At the time of this printing, her schedule was not set, but she will likely be at the Center one day a week.



Deborah Hefling

In June, Deborah Hefling accepted a full time position as Archivist of The Cleveland Orchestra, which she described as her "dream job." We will certainly miss her, but are grateful for all of the time she devoted to the Center in her professional capacity as librarian and for her many volunteer efforts. Deborah began as a librarian in music at Yale University and she is delighted to return to the field full time.

ANALYTIC FLICKS

Ingrid Geerken, Ph.D., Jeffrey Pence Ph.D.

Clinical analytic practice and the appreciation of cultural works have shared interests: the mysteries of human experience; the compelling narratives and telling details by which we express ourselves as well as the challenges and exhilarations of interpretation. Since Freud shaped many of his early theories from the materials of Greek drama and mythology, analysts have turned to works of the human imagination to enrich and revise their models of identity and relationships. Likewise, artists and critics have relied on psychoanalysis for models (to work with and against) for depicting subjective and social life.

This interchange is revisited in the CPC's *Analytic Flicks* Movie Series, hosted by Dr. Ingrid Geerken, a CPC analytic candidate, and Dr. Jeffrey Pence, Director of Cinema Studies at Oberlin College. The two are helping to continue the tradition of

stimulating discussions of motion pictures, in light of analytic ideas, that had flourished for years thanks to the dedication of the late Dr. Rachel Baker, and that of her husband Don Baker, who continues in his steadfast support. In monthly meetings, open to all, a group of Friends of the Center meet to consider a current film. The discussions are free-wheeling and incorporate a variety of perspectives and ideas. While each discussion stands alone, the cumulative experience of the meetings also guides the choice of films.

"Analytic Flicks" highlights have included lively discussions on films such as: *Eastern Promises*, *Lars and the Real Girl*, *Atonement*, *The Diving Bell and the Butterfly*, and *Married Life*. Please consider coming to an Analytic Flick meeting; we look forward to new members.

ANALYTIC FLICK!

Join the Friends in a film forum (of a current film) every first Sunday of the month at 7:30 p.m. Discussants are Ingrid Geerken, Ph.D., Visiting Assistant Professor, Oberlin College, Department of English, and Jeffrey Pence, Ph.D., Director of Cinema Studies at Oberlin College.

Contact Debbie Morse at dmorsepc@sbcglobal.net to be added to the e-mail list and to receive instructions regarding the rear entrance.



ATMOSPHERIC DISTURBANCES BY RIVKA GALCHEN

Sara S. Tucker, M.D.

The Cleveland Psychoanalytic Center hosted a meet-the-author event with Rivka Galchen on Sunday evening, September 21, in the Krent Library at the Center. Kathy Cole Kelly and Jane Kessler arranged for Ms. Galchen's appearance in Cleveland for a discussion of her critically acclaimed novel, *Atmospheric Disturbances*. A review of this book was featured on the front page of The Book Review section of the *New York Times* on Sunday, July 13.

To quote the reviewer, Liesl Schillinger, "...the question of what makes an original different from a copy (and how anyone can prove that he is who he thinks he is once the matter is called into doubt)—is both the springboard and the ensuing spring of "Atmospheric Disturbances," a brainy, whimsical, emotionally contained first novel by Rivka Galcher, a young M.D. turned M.F.A.

The protagonist of the novel, Leo Liebenstein, is a psychiatrist who wakes up one morning convinced that the woman who happens to be his wife is a doppelganger, a

clever replica down to the tiniest detail. Ultimately, the book deals with the infinitesimal alterations wrought by time and age that lead to changes in relationships, particularly in romantic love.

A panel, as well as members and guests, discussed the book with Ms. Galchen. Copies of the book are available for purchase at Appletree Books and elsewhere.

The event was the first of several planned book discussion meetings at the Center.

FROM THE CHAIR...

Continued from Page 3

skills and experience of more analysts on a rotational schedule.

The Progression Subcommittee, under Dr. Anna Janicki's leadership, is reconsidering the committee's methods of assessing the key competencies in the progression of candidates. When an analyst graduates from the Cleveland Psychoanalytic Center, he/she must be proficient to conduct psychoanalyses in a competent, skillful and autonomous manner and capable of employing the best in analytic skills and technique tailored to his/her analyst's uniqueness.

As our candidates progress in their training, they will be encouraged to pursue a research interest, develop creative ideas in applied, cultural or theoretical psychoanalysis and submit their written productions to psychoanalytic journals. With renewed input and encouragement from the Education Committee and the Faculty Committee, we hope that more candidates and faculty will take up psychoanalytic research and scholarship with expertise and enthusiasm. Currently, the Faculty Committee, under the direction of Dr. Vera Camden, along with the Board of Trustees, is arranging an annual prize for an outstanding article/essay

related to psychoanalysis. It is my fervent hope that if the Cleveland Psychoanalytic Center can distinguish itself for academic and clinical excellence, we may some day amalgamate with a regional university to develop a Ph.D. program. Only a very few international psychoanalytic centers have accomplished this to date.

In order to achieve some of these goals, we need to expand our facilities, especially technologically. We need to establish facility for distance learning. We would like to share what we have to offer with other centers, universities and perhaps distant candidates and we would like to open ourselves to the diverse and forward-looking developments in psychoanalytic thought and practice both nationally and internationally. We are eager for our candidates and faculty to benefit from the many programs, academicians and psychoanalysts in other institutes and centers. Teleconferencing is no longer the way of the future. It has arrived as a valuable tool to share ideas and to interact with the world around us.

The Cleveland Psychoanalytic Center will commence its next class in **September 2009**. The Admissions Subcommittee, chaired by Dr. Richard Lightbody, is currently accepting applications. We encourage interested persons to make contact with ei-

ther Dr. Lightbody, lbody@roadrunner.com (216-371-1268) or myself, Dr. Martin, patricia.martin@case.edu (216-791-8280). We strongly suggest that serious applicants apply early as applications including references take time to process. We also encourage candidates to be settled in their personal psychoanalysis prior to beginning class work. Individuals in the community who might be interested in a personal psychoanalysis may call the Katan Consultation and Referral Service of the Cleveland Psychoanalytic Center at 216-721-2777.

SAVE THE DATE

Richard Kogan, M.D.

Concert / Lecture

Mixon Hall

Cleveland Institute of Music

Saturday, June 6, 2009

PUTTING A FACE ON HPC – ELIZABETH DAUNTON

Excerpted by Denia Barrett, M.S.W.*

Who is Hanna Perkins? This is a question we are frequently asked, based on the understandable assumption that our Center was named for an individual person. The truth, however, is that our name is intended to honor two families who are part of the distinguished tradition of philanthropy in the Cleveland community – the Hanna family and the Perkins family. Yet Hanna Perkins is made up of individual persons and we would like to introduce you to many of them in this and future editions of *Psychoanalysis in Cleveland*.

Here we would like you to meet Elizabeth Daunton, our esteemed colleague, who celebrated her 90th birthday in February 2008.

How did you make the decision to pursue analytic training?

Elizabeth Daunton: I was fortunate to be appointed to the staff at the West Sussex Child Guidance Clinics in 1937; that was after I had trained as a clinical psychologist at London University. The director was Dr. Kate Friedlander and her three clinics were in a mainly rural county south of London. Dr. Friedlander was a very unusual dynamic person who had organized these clinics that were run on psychoanalytic lines and they were funded by the local government. Part of our job was to communicate with teachers, nurses, and we would travel into the country to attend mothers' meetings as there was a tremendous interest in child development following the war. Several of the staff had worked at the Hampstead Nurseries during the war and were already students in the first year of the child therapy course. I was very pleased when Dr. Friedlander suggested that I apply for training in the second year of the Hampstead course. There were no formal interviews, but those recommended had a weekly seminar with Anna Freud, which was a great privilege. I met Erna Furman (then Miss Popper) on the

first evening of these seminars, and then later she also joined the West Sussex staff. Part of our history then was that we would be in town for our analysis and for seminars, and then we could go down to West Sussex, catching a train in London at 11:00 at night and arriving at the clinic at midnight ready to see our next patients in the morning.

Is there a single person who had the most influence on your training/development as a child analyst?

ED: I suppose one always thinks first of one's own analyst and mine was Ruth Thomas. As I became more open through our work to her understanding and empathy with young children and with the concerns of parents, I'd like to think these became more available in my own work. Anna Freud was an incomparable teacher who could hold an audience spellbound whether she was addressing colleagues, medical students, or the general public. She could present difficult concepts simply, clearly, always speaking without notes.

What was your experience of moving from the UK to the US?

ED: I already knew a number of colleagues in Cleveland who had trained in London. These were Erna Furman, Joanne Benkenndorf, Lizzy Rolnick, and Mary Flumerfelt, who was an American who had trained in London and then came to Cleveland. I had also met Dr. Bill Boaz, then Director of Child Psychiatry at Hanna Pavilion and Marvin Brook in London. At that point, there was a dearth of room for candidates in some of the institutes so some went to London to train. Poppy Furman had written to me on behalf of Dr. Anny Katan, to see if I would be interested in applying to be a therapist at Hanna Pavilion, in the department

of psychiatry in University Hospitals, and at the Hanna Perkins Nursery School. The first plan was that I would come for two years because I was nervous about committing myself, not knowing what it would be like. I found the psychoanalytic community extremely friendly and hospitable. I was impressed by the acceptance at that time of analytic ideas in the community and by the fact that there was a waiting list of children needing a therapist for analysis both at Hanna Perkins and at Hanna Pavilion. Drug treatment for children with emotional difficulties was unknown. Fees were extremely reasonable.

What would you consider the major shifts in child analytic technique since the time of your training?

ED: Some changes in our own work have focused on developments in working with parents. Where this work is valued, I think there's now a greater understanding of the challenges of parenthood and the conflicts involved with parenting.

What have you experienced as the greatest satisfactions of being a child analyst?

ED: When a child shares his inner life with you, it's a privilege. Seeing integration and forward growth is a great satisfaction, as are all positive changes in the parent/child relationship. I'd add that being able to work with colleagues in the adventure of analytic learning is a satisfaction also.

**Miss Daunton's remarks were excerpted from an interview conducted by Lisa Damour, Lita Keim, Jeffrey Longhofer, and Margaret Zerba © 2005 and are reprinted here with permission*

HANNA PERKINS CENTER INSTITUTE

Elisabetta Superchi

On September 13th and 14th, 2007 Hanna Perkins Center (HPC) hosted the first HPC two day institute, "Listening to Children's Behavior." With regard to this event Ms. Barbara Streeter (associate director) and Fatemeh Toossi (pre-school head teacher) were asked to share their experiences.

The project was born from the interest of Constance Walker after she participated in the 2006 Annual HPC Fall Workshop with the same title. Ms. Walker is the director of the Special Needs Child Care Consultation Project (SNCCC) which is a component of the Cuyahoga County Invest in Children Initiative. The project is administered by Starting Point, the early childhood resource and referral agency for Northeast Ohio. The institute was funded by SNCCC and open free of charge to all educators and caregivers working with young children and to technical assistants providing consultation and intervention services to child care centers.

The goal was to provide early child educators, caregivers, and consultants with ways to better understand and respond to communications in children's behavior. The workshop was organized the first day with a Power Point presentation of typical behav-

iors at different stages of development from infancy through kindergarten. These were considered in the process of addressing how educators and caregivers can respond helpfully to children's behavior and provide optimally supportive learning environments. They were also considered as part of the problem solving process when addressing the needs of children who exhibit puzzling behavior.

The presentation was enriched by examples from HPC preschool and kindergarten teachers Noreen Acierno, Laura Cyrocki, Lisa Cyrocki, Karen Goulandris, Rique Sollisch, and Fatemeh Toossi and the Hanna Perkins School educational director, Joan Horwitz. HPS staff members were also the leaders of small group discussions where the participants had the opportunity to discuss their own observations, questions and concerns. The second day, the same group met, discussed and shared their own experiences and problems in dealing with young children and their families. Participants were provided the opportunity to visit the HPS classrooms in the afternoon.

The difficulties encountered and brought for discussion had to do with children not being ready to be in school, deal-

ing with parents, and dealing with difficult family situations. The group participants also talked about the challenges presented by their dual roles as both teachers and substitute parents. They were delighted to discover the significance and the consequence of considering, valuing and learning from their own feelings and reactions to parents' and children's behaviors, although they were also looking for quick solutions. While the audience generally expressed appreciation for the insightful presentation on the inner life of children, one participant wondered if there were research and data that could support the concepts presented. Participants reported that they took away from this two-day learning experience a way of looking at the world of early learning and care, with an emphasis on feelings, from the children's point of view.

The HPS team experienced the institute as an important one in that it revitalized their own appreciation for the work and the values that HPC supports, and it enabled them to enjoy and share their experiences with educators from organizations with different philosophies and different backgrounds.

REINBERGER PARENT/CHILD RESOURCE CENTER

Karen Goulandris

During the past year, the Reinberger Parent/Child Resource Center has offered drop-in hours where parents and caregivers come and play with their children as well as participate in a variety of classes. We continue to offer our most popular classes as we look for new and innovative ideas to develop into classes for parents and children. Our classes reach a varied audience from infants through age 8. We have music

for ages 0-4, art for ages 2-4, roller-skating for ages 3-8, cooking for ages 3-8 and woodworking for ages 4-8. We finished our summer with theme-based camps for ages 4-9 that included roller skating, woodworking, gardening, creative camp, and cooking. Volunteers from our new Youth Leadership Program served as helpers in this year's camps. We are planning our 5th annual Educational Fun Fair to celebrate "The Week

of the Young Child in mid April. We are working on ideas to develop a children's knitting class, a summer robotics camp and a parenting group for first time mothers. To find out more about these new ideas or to find the most current information regarding drop-in times, classes and events visit our website at www.hannaperkins.org and click on Parent/Child Center or call 216-929-0201.

MEMBERS IN THE NEWS

Richard Lightbody, M.D., has been promoted to Clinical Professor of Psychiatry at CWRU School of Medicine.

Ingrid Geerken, Ph.D., an advanced candidate at the Center, will be conducting a course for the North Ohio Clinical Social Work Society this fall. Through a close reading of selected texts and films, participants will explore how an un-

derstanding of regret enhances clinical practice by examining how regret organizes and propels narrative in aesthetic works.

Vicki Todd, M.S.S.A., created a submission for the IPA logo competition at the request of the CPC's Executive Committee. Results of the contest will be announced this fall.

NEWS FROM THE PROGRAM COMMITTEE *Continued from Page 7*

Memories, Dreams and Reflections. This book has the best statements by Jung himself about his work, looked at from the perspective of more advanced years.

There will be no fee for this meeting but registration is necessary by calling Debbie Morse, administrative co-ordinator at CPC, 216-229-5959, to reserve a place.

On Sunday evening, January 30, 2009 Jose Camerino and Kay Levine will give a discussion and slide show entitled, "DR-769-08" (Disaster Relief—Iowa Tornados & Floods.)

Tentatively planned for the end of February, either the third or fourth weekend, are papers by Lee Ascherman (Birmingham,

Alabama) of a child presentation and Sam Rubin, M.D., formerly of New Orleans, now also a resident of Birmingham, Alabama. Dr. Rubin is finishing a paper this summer about Ethical Issues in Adult, Adolescent and Child Psychoanalysis.

In the Fall of 2009 Muriel Dimen has agreed to bring a paper. She is Adjunct Clinical Professor of Psychology, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, and former Professor of Anthropology, Lehman College (CUNY). She is editor of *Studies in Gender and Sexuality* and an associate editor of *Psychoanalytic Dialogues*. She is on

the faculty of the Stephen A. Mitchell Center for Relational Psychoanalysis. Her most recent book, *Sexuality, Intimacy, Power* (Hillsdale, NJ: The Analytic Press, 2003) received the Goethe Award from the Canadian Psychological Association for the Best Book of Psychoanalytic Scholarship.

We urge others who would like to present to be in contact with a program committee member. Members of the Program Committee include Bill Adams, Kay McKenzie, Lisa Damour, Jeff Longhofer, Vera Camden, Catherine Sullivan, Anna Janicki, Debbie Bonem and Joanne Naegele, Chairperson. We look forward to speaking with you.



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