

## Introducing PPP

The Psychoanalytic Psychotherapy Program (PPP) is sponsored by the Cleveland Psychoanalytic Center ("Center"), an accredited training institute of the American Psychoanalytic Association. The Center was formed by the 2002 merger of two fifty-year-old Cleveland institutions: the Cleveland Psychoanalytic Society and Institute. Its mission is to promote the development and use of psychoanalysis for the benefit of the community.

Since 1990, Northeast Ohio professionals from diverse backgrounds have benefited from training in dynamic psychotherapy at the Center. Ours is an intensive, clinically oriented two-year program.

## Program Description

PPP's educational goals are to apply psychodynamic principles to clarify clinical problems, define therapeutic goals and guide interventions in the clinician's practice of psychotherapy. These skills can be applied in the private practice as well as in other settings.

The program provides the opportunity for the intensive study of human development (from childhood to older adulthood), combined with the study of the theory and technique of psychoanalytic psychotherapy. Didactic seminars and individual clinical supervision are the avenues through which these educational goals are achieved.

PPP participants receive continuing education units. (See accreditation statement.)

## Program Eligibility

PPP is designed for professionals with an academic background including a Medical, Masters or Doctoral degree in a relevant field. A current license to practice and professional liability insurance are also required. Each student is generally required to have a current psychotherapy caseload. Exceptions to these conditions will be evaluated in a case by case basis.

## Program Format

The two-year, four-semester course of study consists of weekly seminars (30 per program year). Reading selections cover the fundamentals of psychodynamic literature. At intervals, students present their clinical work in seminars with child and adult psychoanalysts.

Students also arrange for private, individual clinical supervision with a practicing psychoanalyst, to be conducted in most cases in the psychoanalyst's office. A minimum of 30 hours of supervision per program year is required.

PPP meets on Thursday evenings from 7:30 to 9:30 p.m. at the Center. Class size is limited to foster discussion of clinical material and focused learning. The program year parallels a traditional academic year and starts in September.

Upon graduation from four semesters of study and supervised work, participants receive a certificate of completion.

***Students may wish to deepen their learning experience by entering their own personal psychodynamic psychotherapy or psychoanalysis to promote their self-awareness and consolidate new skills. Names of qualified therapists are available.***

## Curriculum

### First Year

Psychodynamic Theory  
Development: Infancy and Early Childhood  
Technique: Theory and Practice  
Gender and Sexuality Issues  
Mind-Brain Connections  
Understanding Freud's Cases  
*Includes Case Conferences*

### Second Year

Development: Latency, Adolescence, Adulthood, Old Age  
Child Assessment  
Contemporary Psychodynamic Theories  
Further Psychotherapeutic Technique  
Psycho-pharmacology  
Special Treatment Issues and Difficult Cases  
Family Issues  
Ethics  
Terminating Psychotherapy  
*Includes Case Conferences*

## Faculty

Courses are taught by members of the Center and guests. Center members are experienced child and adult psychoanalysts with diverse professional backgrounds.

## Supervision

Supervision enhances the didactic portion of PPP and supports the development of clinical competence. Each student is paired with a psychoanalyst for individual clinical supervision. Students often find it useful to continue supervision after the program is concluded.

## Tuition and Fees

- \$1,900 tuition fee per program year (subject to change)
- Supervision fee individually negotiated with supervisor

## Application Process

Prospective students may contact the Center via e-mail, mail or telephone to request an application form. As part of the application process, students are asked to submit a brief essay regarding their clinical experience and interest in psychodynamic psychotherapy. Documentation of the student's professional degree, state license, and professional liability insurance are also required.

Once all materials have been received, the PPP Coordinator will schedule two in-person admission interviews for each student. A decision letter will be sent to every student. Students are asked to sign an agreement of financial responsibility prior to the first class.

The Program Coordinators are available to discuss the Psychoanalytic Psychotherapy Program in further detail:

**Carl F. Rak, Ph.D.** at 216-408-1180 or

email: [c.rak@csuohio.edu](mailto:c.rak@csuohio.edu)

**Colleen Coakley, M.S.W.** at 216-287-7480 or

email: [colleen\\_coakley@yahoo.com](mailto:colleen_coakley@yahoo.com)

## Post-Graduate Opportunity

Upon completion of PPP, students are invited to apply to the Psychoanalytic Training Program and/or Affiliate membership in the Cleveland Psychoanalytic Center.

Need more information about  
the Cleveland Psychoanalytic Center  
2460 Fairmount Boulevard  
Suite 312  
Cleveland Heights, OH 44106-3164  
Phone 216-229-5959  
Fax 216-229-7321

please contact

**Debbie Morse, Administrative Coordinator**

by email : [dmorsepc@sbcglobal.net](mailto:dmorsepc@sbcglobal.net) or

Online: [www.psychoanalysiscleveland.org](http://www.psychoanalysiscleveland.org)

### ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Psychoanalytic Association and the Cleveland Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality and scientific integrity of this CME activity. The American Psychoanalytic Association designates this educational activity for a maximum of 60 hours of Category I credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. Important disclosure information for all learners: None of the planners & presenters of this CME program have any relevant financial relationships to disclose.

The State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board has designated the Cleveland Psychoanalytic Center as Approved Provider RCS109510. This event provides one credit per hour of Continuing Professional Education to counselors and social workers only.

The Cleveland Psychoanalytic Center is approved by the Ohio Psychological Association-MCE Program to offer continuing education for psychologists. The Cleveland Psychoanalytic Center as Approved Provider 08PO-341019020, maintains responsibility for the program. This event provides one credit per hour of Continuing Professional Education to psychologists.



# Psychoanalytic Psychotherapy Program

2009—2011

*Bringing  
Contemporary  
Dynamic  
Psychotherapy  
to Northeast Ohio*