



Psychoanalyst Training Program

2009

*Bringing
Contemporary
Psychoanalysis
to Northeast Ohio*

Introducing the Psychoanalyst Training Program

The Cleveland Psychoanalytic Institute has been training psychoanalysts in Northeast Ohio for over 50 years. In 2002, the Institute merged with the Cleveland Psychoanalytic Society to become the Cleveland Psychoanalytic Center. The Center's mission is to promote the development and use of psychoanalysis for the benefit of the community.

The Psychoanalyst Training Program (PTP) is sponsored by the Cleveland Psychoanalytic Center. The Program is fully accredited by the American Psychoanalytic Association.

Why Study Psychoanalysis?

- ◆ To enhance your clinical skills by understanding unconscious motivation and the deeper workings of the mind
- ◆ To advance your academic career and to incorporate psychoanalytic theory into your work
- ◆ To benefit from the personal analysis
- ◆ To apply analytic principles to diverse communities and social problems
- ◆ To add a psychoanalytic perspective to your research
- ◆ To broaden and deepen your knowledge of the human mind and the relationship among the mind, brain and body
- ◆ To increase your self-awareness, capacity for understanding, personal flexibility, depth of character and interpersonal relationships
- ◆ To participate in an extraordinary educational experience

Eligibility

Psychoanalytic education is designed for professionals during and after graduate work. Those with clinical experience will need a current license and professional liability insurance. Those with academic backgrounds but without clinical experience are encouraged to apply for the research candidate program. Exceptions will be considered.

The PTP expects the highest standards and qualifications from its applicants. We look for excellence in educational and clinical backgrounds and personal traits suitable for the learning and practice of psychoanalysis: maturity, integrity, reliability, and intellectual honesty.

The Center does not discriminate on the basis of age, gender, marital status, religion, sexual orientation, or national and ethnic origin in the administration of its educational policies, admissions policies, scholarship and loan programs, and other programs. The Center has a policy of non-discrimination for persons with disabilities otherwise qualified in accordance with Ohio and Federal law.

Educational Philosophy

The Cleveland Psychoanalytic Center believes in integrating learning and practice by exploring the many connections among the prevailing paradigms: ego psychology, self-psychology, object relations, and relational. We see these as complementary ways of understanding the complexity of the human mind and relationships. Moreover, with recent discoveries in neuroscience, we seek to integrate psychoanalytic theories with emerging knowledge and more complex ways of understanding the connections among the mind, brain and body.

Through the intensive study of human development from childhood to old age, combined with a thorough understanding of theory and technique, we learn together. Each participant brings his/her unique knowledge and background to the endeavor, thereby enhancing the experience of all involved.

Program Format

The course of study has three parts:

- ◆ a personal training psychoanalysis;
- ◆ four years of twice weekly seminars (60 seminars per program year);
- ◆ clinical supervision of three psychoanalyses.

Training initially is part-time, and over time becomes fully integrated into one's career.

Training Psychoanalysis

A personal psychoanalysis with a Training and Supervising Analyst (TSA) is required. The Education Committee maintains a list of those TSAs with time available. Prospective candidates are advised to confirm that their selected analyst fulfills requirements.

Seminars

Seminars focus on the fundamentals of psychoanalytic literature and the integration of contemporary theories on the formation and function of the human personality. There are three tracks: human development, theory, and technique.

A contemporary psychoanalytic perspective is integrated with the latest contributions from the science of the brain and the nervous system, of cognitive psychology and of related fields dealing with theories of the mind. Candidates present their clinical work, in oral or written form, in seminars with child and adult psychoanalysts.

Classes meet at the Center. Class size is limited to foster focused learning and discussion of clinical issues. The program year parallels a traditional academic year and runs September through May. Upon graduation participants receive a certificate of completion from a program accredited by the American Psychoanalytic Association.

Supervision

Supervision plays a crucial role in the development of clinical skills. Students choose a Supervising Analyst for each supervised psychoanalysis.

Curriculum

First Year

History of Psychoanalysis
Early Theories
Understanding Freud's Cases
Ego Psychology
Development: Infancy and Early Childhood
Technique: Opening Phase of Psychoanalysis
Psychopharmacology
Ethics

Second Year

Development: Latency, Adolescence, Adulthood, Old Age
Child Assessment/Assessment of Parenting Function
Contemporary Psychoanalytic Theories
Technique: Middle Phase

Third Year

Object Relations
Gender and Sexuality Issues
Mind-Brain Connections
Further Technique: Termination Phase

Fourth year

Child Analysis
Special Topics and Difficult Cases
Shame Dynamics
Psychoanalytic Dialogues
Electives

Monthly Case Conferences and a Continuous Case Conference are an integral part of the curriculum. Candidates at all levels participate throughout training.

Faculty

Courses are taught by the faculty of the Center, and invited guests with diverse professional backgrounds. Candidates hear from and present clinical work to visiting scholars in specially designed workshops.

Tuition and Fees

- ◆ \$2950 tuition fee annually during four years of courses
- ◆ Thereafter \$1500 annual administrative fee until completion/graduation
- ◆ \$150 Application fee
- ◆ Fee for Training Psychoanalysis (by private arrangement)
- ◆ Supervision fee (by private arrangement)
- ◆ PTP courses are eligible for up to 80 credits per year of continuing education with no additional fee. Please see accreditation details on next page.
- ◆ Fees include Center membership at a steeply discounted rate.

Application Process

Prospective candidates for the Psychoanalytic Training Program may visit the Center's web site to download an application form at www.psychoanalysiscleveland.org, or contact the Center via e-mail, mail or telephone to request an application form.

We encourage you to contact the chair of the Admissions Committee to schedule an appointment to discuss your plans or questions regarding the Psychoanalyst Training Program.

Richard Lightbody, M.D.

Chair of the Admission Committee

Phone 216-371-1268

lbody@roadrunner.com

Next class begins **September 2009**

*Admissions are decided on a rolling basis. Early applications
are strongly recommended.*

The Cleveland Psychoanalytic Center

2460 Fairmount Blvd., #312
Cleveland Heights Ohio 44106

Debbie Morse

Administrative Coordinator

dmorsepcpc@sbcglobal.net

www.psychoanalysiscleveland.org

Phone **216-229-5959**

Fax **216-229-7321**

Patricia Martin, M.D., Chair of the Education Committee

Phone **216-791-8280**

patricia.martin@case.edu

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the Cleveland Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality and scientific integrity of this CME activity.

The American Psychoanalytic Association designates this educational activity for a maximum of 80 hours/annually of Category I credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. Important disclosure information for all learners: None of the planners & presenters of this CME program have any relevant financial relationships to disclose.

The State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board has designated the Cleveland Psychoanalytic Center as Approved Provider RCS109510. This event provides one credit per hour of Continuing Professional Education to counselors and social workers only.

The Cleveland Psychoanalytic Center is approved by the Ohio Psychological Association-MCE Program to offer continuing education for psychologists. The Cleveland Psychoanalytic Center as Approved Provider 08PO-341019020, maintains responsibility for the program. This event provides one credit per hour of Continuing Professional Education to psychologists.



CLEVELAND
PSYCHOANALYTIC CENTER
2460 Fairmount Blvd., #312
Cleveland Heights Ohio 44106